

**The Philosophy Of Cognitive Behavioural Therapy:
Stoic Philosophy As Rational And Cognitive
Psychotherapy By Donald Robertson**

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The Philosophy of Cognitive-Behavioural Therapy Stoic Philosophy as Rational and Cognitive Psychotherapy Donald Robertson. Publisher: Karnac Books (Aug 2010)

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Cognitive science (stanford encyclopedia of

Sep 22, 1996 Cognitive science is the interdisciplinary study of mind and intelligence, embracing philosophy, psychology, artificial intelligence, neuroscience

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Donald Robertson, a British therapist who is head of the UK College of CBT, has a new book out called The Philosophy of Cognitive Behavioural Therapy, which looks at

Excerpt: the philosophy of cognitive-behavioural

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