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Author Sandra Poulin suffered from postpartum depression. In this book, she shares her experience and a collection of stories from other mothers.

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Postpartum period in mothers . A woman giving birth in a hospital may leave the hospital as soon as she is medically stable and chooses to leave,

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Postpartum depression: symptoms, causes, and

WebMD offers a pictorial guide to postpartum depression symptoms: who gets it, how it s different from the baby blues, and ways to feel better.

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Mother Postpartum Depression Support Mother-to-Mother Postpartum Depression Support Book: Real Stories from Women Who Lived Through It and Recovered By Sandra

A mother's postpartum depression bill of rights

A bill of rights for every mother with postpartum depression or a related perinatal mood or anxiety disorder, from Postpartum Progress.

Popular postpartum depression books - goodreads

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Sandra Poulin | zoominfo.com

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