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Nutrition You Can Live With By Elaine Magee**

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I am Elaine Magee, FOOD SYNERGY and TELL ME WHAT TO EAT IF I SUFFER FROM HEART science and a master s in public health nutrition. Elaine Magee,

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Tell Me What To Eat If I Suffer From Heart Disease Elaine Magee Tell Me What To Eat Magee is the author of 26 books on nutrition and healthy cooking.

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Just tell me what to eat - john welbourn

John Welbourn is the creator/operator of CrossFit Football and Power Athlete. He is a 10 year NFL veteran. John was drafted with the 97th pick in 1999 NFL Draft.

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