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ABOUREZK**

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By Sanaa Abourezk, Interlink Books, 2000, 188 pp. (paperback). List: \$17.95; AET: \$13.50. Reviewed by Mary Garrigan. The cuisine of her native Syria is a world away

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Secrets of Healthy Middle Eastern Cuisine [Paperback] [October 2000] (Author) Sanaa M. Abourezk, Neal Cassidy Paperback

Sanaa abourezk (author of secrets of healthy

Sanaa Abourezk is the author of Secrets of Healthy Middle Eastern Cuisine (3.67 avg rating, 3 ratings, 1 review, published 2000) and Gluten-Free Vegetari

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Browse cookbooks and recipes by Sanaa Abourezk, Secrets of Healthy Middle Eastern Cuisine Sanaa is a former food and culture editor for the Sioux Falls

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Middle Eastern cuisine, based as it is on grains and greens, might seem like healthy cooking at first glance. But, as Abourezk points out, it is often laden with oil

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Sweet and Sour Beet Dip (from Secrets of Healthy Middle Eastern Cuisine by Sanaa Abourezk) This sounds like a delicious accompaniment to pita bread or corn chips

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Egyptian cooking and other middle eastern recipes

Dec 31, 2006 Egyptian Cooking and Other Middle Eastern Recipes. Breadmaking Secrets, Secrets of Healthy Middle Eastern Cuisine: By Sanaa Abourezk published.

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Arab cooking bibliography | gherkins & tomatoes

Abdenmour, Sami. Egyptian cooking : a practical guide. New York: Hippocrene Books, 1998. Abourezk, Sanaa. Secrets of healthy Middle Eastern cuisine.

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