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M.D.;Alberto Villoldo Ph.D.**

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More About Power Up Your Brain by M.D. David Perlmutter; Alberto Villoldo . Recommendations Alberto Villoldo, Ph.D., has trained as a psychologist and medical

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David Perlmutter, M.D., FACN, is a board-certified neurologist and fellow of the American College of Nutrition. He serves as medical director of the Perlmutter Health

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Alberto Villoldo, Ph.D., Dr. Villoldo currently directs The Four Winds Society in Park City, Power Up Your Brain - David Perlmutter, M.D.

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