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Sylvia Zipser Schur (June 27, 1917 September 8, 2009) was an American food columnist and innovator. 365 Easy Low-Calorie Recipes (1990) See also

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Sylvia Schur is the author of 365 Easy Low-Calorie Recipes (2.25 avg rating, 4 ratings, 1 review, published 1990), Recipes for Busy People (0.0 avg rating)

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